

Retreat Schedule

September 26th through October, 4th, 2021

We will have 7 full days of retreat: Monday through Sunday and 2-1/2 days = Sunday the 26th and Monday the 4th. We should arrive after 2pm on the 26th to settle in, orient, and help with set-up. Our first meal will be dinner on Sept., 26th between 7 & 7:30.

Here is the schedule for the 7 full days:

Wake up: 6:00am

Hot water for coffee/tea

Be settled in the shrine room and ready for practice at 7:00am.

1st practice session: 7:00am - 9:00am

Breakfast: 9:05am

2nd practice session: 10:00am - 12:00pm

Lunch: 12:10 pm

3rd practice session: 2:15pm - 4:15pm

4th practice session: 4:45pm – 6:45pm

Dinner: 7:00pm

Our final meal will be breakfast on Monday, October 4th. Please plan to stay for a while after to help with the final packing and cleaning.

Friday, October 1st is a Dakini Day and we will have a tsok on this date.

We plan to close the retreat with a tsok on Monday, October 4th, but the exact time of the tsok has not yet been determined and is usually before breakfast. Please bring a non-perishable offering for each tsok.